



If you need help please reach out:

Yakima DRC Crisis line Confidential 24 hour line 1-800-572-8122

Yakama Nation Behavioral Health 509-865-5121 ex.7633

National Suicide Hotline: 1-800-273-8255 or 988, press 4 or text *Native to 741741*

Mission Statement: Because one life lost is one life to many

Our Core Values: We are committed to the belief that suicide can be eliminated among our community by improving service access, quality, and through practicing continuous quality improvement.

Our goal: Is to be open and dedicated to change that improves our service in suicide prevention care.

Zero Suicide is based on the following foundational principles:

LEAD system-wide culture change committed to reducing suicides

TRAIN a competent, confident, and caring workforce

IDENTIFY patients with suicide risk via comprehensive screenings

ENGAGE all individuals at-risk of suicide in a suicide care management plan

TREAT suicidal thoughts and behaviors using evidence-based treatments

TRANSITION individuals through care with warm hand-offs and supportive contacts

If you have more questions: **What is Zero Suicide?:** <http://zerosuicide.edc.org/>

Currently working on:

- Our Yakama Nation's Zero Suicide grant started in 2020, and will go until 2025. We have developed a screening tool called the Badge. The purpose of the Badge is to have non-clinical staff to be able to screen all our community members when they first engage in services. This tool, the Badge gives a clear pathway for our community members who screen in with suicidal ideation, or at moderate risk, to community members who have screened in as suicidal, or imminent risk. Our non-clinical staff can easily connect them to a trained therapist to receive the needed care for this community member quickly. Our staff have been trained on how to use the Badge and the newly created policies and procedures improving our care when we encounter our members who need immediate help.
- Implementation of our Caring Messages, which is a better way to communicate with our community members on a regular basis or in an encouraging way through culturally sensitive postcards.
- Currently working on a framework for our postvention services, which is how we respond to our completed suicides in our care, or in our community.

Christal Brown, Project Manager Zero Suicide christal_brown@yakama.com

Talia Carden Peer Support Specialist 509-831-8839